



## ASHABHUMI ONGOING JOURNEY



cultivating vegetables

### Ashabhumi Journey started from the beginning of 2024

Ashabhumi Nepal began its journey at the beginning of 2024 with a mission to serve and empower rural farmers and communities through organic farming.. We aim to create a future where youth and rural farmers thrive on their ancestral lands, cultivating with dignity, pride, and being connected to the soil.

In 2024, Ashabhumi Nepal launched a community nursery project to transform barren lands and introduce an agroforestry model of farming. With the support of agricultural consultants, we identified plant species suitable for the region's soil type, water availability, and climate. and started distributing fruits saplings to the community members



Nursery project

Ashabhumi Nepal will be conducting 3 projects through the kind support of Kanthari Foundation and other generous supporters for the year 2025 in Melamchi, Sindupalchoak.

### Nursery to Agroforestry practices in the community

To convert barren land and serve rural farmers, we will be expanding our nursery project to distribute more fruit trees to share it with rural farmers. Planting of the fruit trees and vegetables will help to diversify their income as well as help to prevent landslides in the area because of its adaptive root system. We plan to grow 3,000 fruit trees for the community members and also convert the community forest into a fruit forest to reduce human-wildlife conflicts in our areas.



Training to farmers

### Sowing hope: Empowering youth in organic farming

Ashabhumi Nepal will conduct the Showing Hope project whose main purpose is to provide organic farming training to small-scale farmers, women's groups, youth, and the community. We want to address the issue of chemical farming and low productivity. We aim to train 30 farmers and support them in providing necessary resources and support.



empowerment to youths

### Revival of rural craft for skill development

In the year 2025, we will be conducting this program. It's not just about growing crops—it's about nurturing communities and celebrating the richness that rural life offers. This richness is not measured by material wealth but by the abundance of nature, shared culture, and the joy of togetherness. We will be providing training on Gundri (mat making), making bamboo stools and baskets. This initiative will not only preserve traditional skills but also create a sustainable source of income for the community.



## Beauty of rural living

Life in the village moves at a slower pace, offering a deep connection with nature and a sense of bliss. Yet, amidst this calm, there are moments of dynamic activity that highlight the rhythm of rural life.

In today's world, where many prioritize mental work over physical activity, it's easy to overlook the unique fulfillment that comes from hands-on labor. Rural life, often rooted in physical tasks, brings a profound sense of purpose and satisfaction.



Rural village in Nepal

At Ashabhumi Nepal, we aim to celebrate the beauty and meaning of simple living. There's something truly special about growing your own food—it's a connection to the earth that nourishes both body and soul.



Child enjoying the mustard field



Training about permaculture at hasera



Fruits trees cultivated last year started producing

Please visit [www.ashabhumi.org](http://www.ashabhumi.org)  
to know more and support our initiatives

YOUR DONATION WILL MAKE A DIFFERENCE.  
HELP US IN OUR JOURNEY



**ASHABHUMI INVITES YOU**

## Happy New Year from Ashabhumi Nepal

As we welcome 2025, we extend our gratitude to all our donors and supporters.

Thanks to your kindness and support in empowering communities, preserving our environment, and creating opportunities for the communities in need. Together, we have turned challenges into achievements and dreams into realities.

Here's to another year of impact, growth, and shared success. Wishing you and your loved ones a healthy, joyful and prosperous New Year

With gratitude,  
Ashabhumi Nepal Team

Rural village in Nepal



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