



## ASHABHUMI JOURNEY BEGINS



### WHAT WE WANT TO SOLVE

Nepal is an agricultural country with two-thirds of its population still engaged in farming. But the very farmers are suffering the most and are increasingly selling their land and migrating abroad in search of employment opportunities. Every day, more than 1,300 people leave Nepal with the hope of earning money but this migration comes with many challenges and risks. It has pushed women and senior citizens on the laborious agricultural jobs and heavily depend upon food imports. The low income and lack of incentives from farming also discourage young people from pursuing this career. This raises a critical question: who will be the future farmers of Nepal?

Krishna Hari dulal

visit us at [ashabhumi.org](http://ashabhumi.org) to know more about our project



# GROWING MORE THAN CROPS

## HOPE THROUGH LAND(ASHABHUMI)

Our organization is committed to changing the negative stereotypes about farming and inspiring young people to value this noble occupation through comprehensive training by providing skills, knowledge, and mentorship, we aim to create a new generation of confident and passionate farmers.

### LEARNING AT KANTHARI

Founder Krishna have recently completed a seven-month training program at Kanthari, a social leadership institute that empowers visionaries to create positive change in the world. It was a challenging and rewarding experience that taught me many practical skills and insights. He is now back in Nepal, where and eager to apply what have been learned in the project: empowering rural communities through sustainable agriculture. We believe that these communities deserve more opportunities and resources to improve their quality of life and happiness. Kanthari has helped me transform my vision into a realistic and impactful project.

If you are interested in learning more about Kanthari and how it supports social change makers, please visit [Kanthari.org](http://Kanthari.org)





### Tree plantation

Our goal is to launch a tree plantation project that will benefit both the environment and the local community within next 3 months. We plan to plant fruit trees and native plants in our demo farm and collaborate with Indreni Foundation, Nepal, to extend the project to the surrounding areas. The fruit trees, such as orange, lemon, and hedge plum, will provide a source of income for the farmers in a few years.



### SOWING HOPE: VEGETABLES CULTIVATION

Our project, "Sowing Hope: Empowering Youth in Sustainable Farming," aims to address the problems that our community of Aarukharka, Sindupalchoak, faces. We are a farming community that depends on agriculture for our livelihood. We grow crops like rice, wheat, maize, and vegetables to feed our families. However, we face many challenges, such as low income, soil degradation, and youth outmigration.

We want to change this situation by creating a pilot project that will train 10 participants in commercial organic vegetable farming, crop diversification, and compost making. These skills will help them increase their income, improve their soil quality, and reduce their environmental impact. The training will be delivered by qualified agriculturalists and will last 15 days.

support us in our journey as we begin to bring the change in the village

Please visit [ashabhumi.org](http://ashabhumi.org)  
to know more and support our initiatives